



Family Owned Australian Company
Since 1958



FOAMCELL^{PRO}

“The largest, strongest and most robust 4x4 shock absorber ever!”

Ironman 4x4 redefines 4x4 suspension with our new Foam Cell Pro shock absorber range.

The Ironman 4x4 Foam Cell Pro meets ALL demands and challenges on AND offroad

The Ironman 4x4 Foam Cell Pro is the largest, strongest and most robust construction available of any 4x4 shock absorber.

Drive like a ‘Pro’

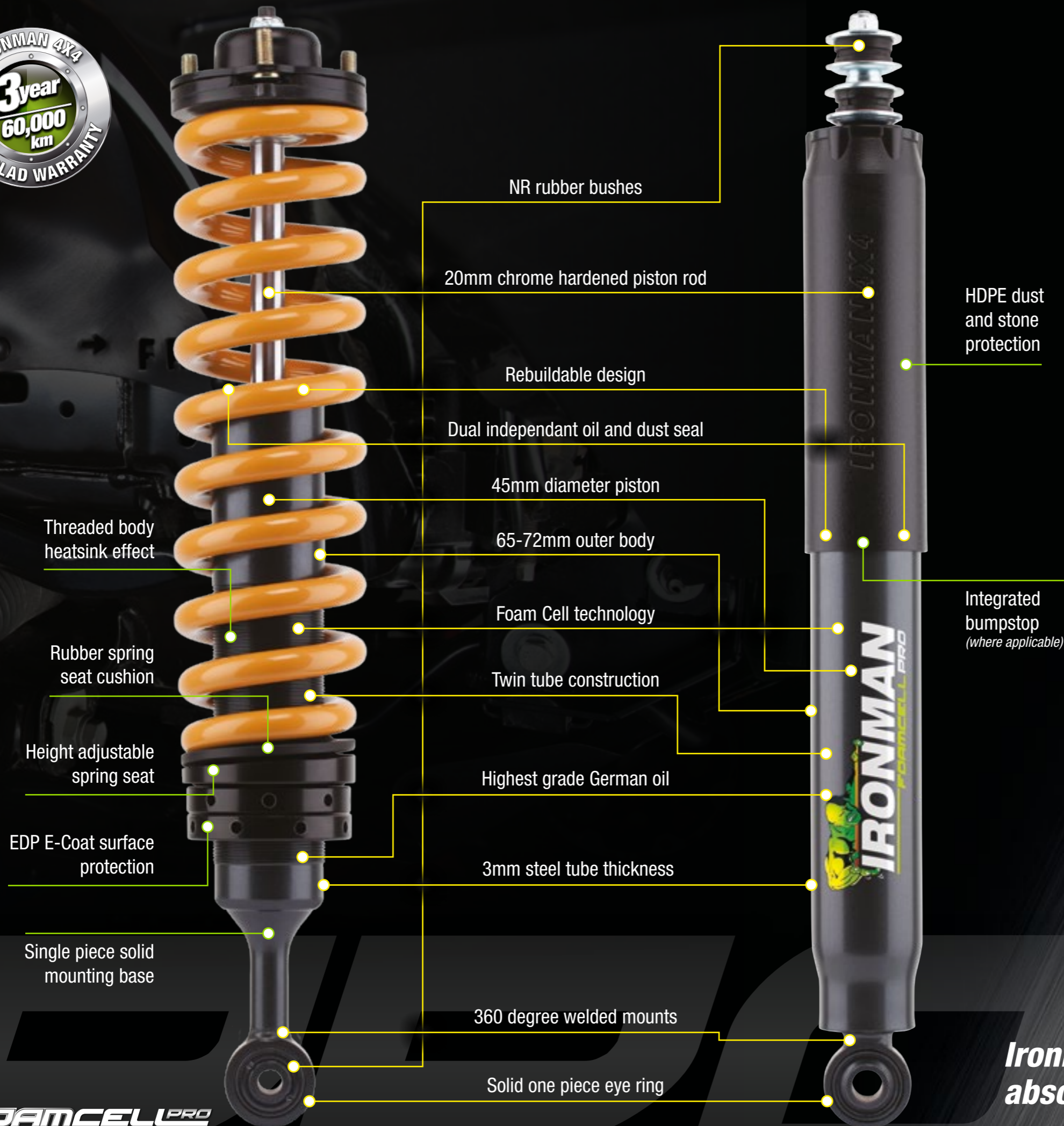
We know this is a BIG statement...

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Judge for yourself... Dare to compare!



Strong

Ironman 4x4 Foam Cell Pro shock absorbers use thicker materials, stronger welds, and state of the art fabrication, resulting in unsurpassed structural integrity. No other comparable shock absorber comes close.

Reliable

Foam Cell Pro design enables up to 3 times more oil volume. Combined with the largest body size possible, Ironman 4x4 Foam Cell Pro shock absorbers will sustain longer periods of rigorous driving by resisting heat buildup.

Compatible

Direct bolt-on replacement for standard or raised 4x4's. Threaded body height adjustable struts are made to suit Ironman 4x4 coils or OE compatible springs.

Rebuildable

Fully rebuildable, offering a lifetime of performance for your 4x4.

Affordable

No other shock absorber offers such an extensive list of features and benefits while being so affordable.

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Ironman 4x4 Foam Cell Pro shock absorbers... In a class of their own!

Application Chart

Make	Model	Front	Rear
Suit 0-2" (0-50mm Lift)			
Ford	Ranger 2011+	45727FE	45095FEC 45095FE
Holden	Colorado 2012+	45745FE	45636FEC 45636FE
Isuzu	D-Max 2012+	45745FE	45636FEC 45636FE
Mazda	BT-50 2011+	45727FE	45095FEC 45095FE
Nissan	Patrol Y60 GQ	45091FE	45094FE
Nissan	Patrol Y61 GU	45091FE	45094FE
Nissan	Navara D40	45716FE	45717FE
Nissan	Patrol Y62	45740FE	45742FE
Toyota	Hilux 2005+	45710FE	45650FEC 45650FE 45081FEC* 45081FE*
Toyota	Landcruiser 76,78,79	45091FE	45094LFE
Toyota	Landcruiser 80	45683FE	45682FE
Toyota	Landcruiser 105	45683FE	45682FE
Toyota	Landcruiser 200	45720FE	45796FE
Toyota	Prado 120	45710FE	45682FEC
Toyota	Prado 150	45750FE	45682FEC
Toyota	FJ Cruiser	45710FE	45682FEC

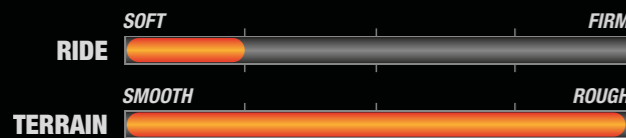
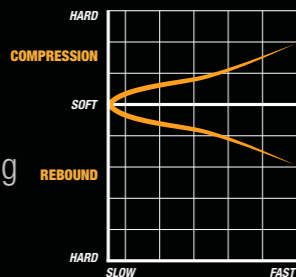
*Extra long travel - (Brake hose bracket modification required)

Make	Model	Front	Rear
Suit 4" (100mm Lift)			
Nissan	Patrol Y60 GQ	45091LFE	45094LFE
Nissan	Patrol Y61 GU	45091LFE	45094LFE
Toyota	Landcruiser 80	45683LFE	45682LFE
Toyota	Landcruiser 105	45683LFE	45682LFE
Suit 6" (150mm Lift)			
Nissan	Patrol Y60 GQ	45091LFE1	45094LFE1
Nissan	Patrol Y61 GU	45091LFE1	45094LFE1
Toyota	Landcruiser 80	45683LFE1	45682LFE1
Toyota	Landcruiser 105	45683LFE1	45682LFE1
Suit 8" (200mm Lift)			
Nissan	Patrol Y60 GQ	45091LFE3	45094LFE3
Nissan	Patrol Y61 GU	45091LFE3	45094LFE3
Armoured Vehicles			
Toyota	Landcruiser 200	45720FEH	45796FEH
Nissan	Patrol Y62	45740FEH	45742FEH

FEC PRO FOAM CELL PRO COMFORT

The Ultimate Soft-Ride Enhancement

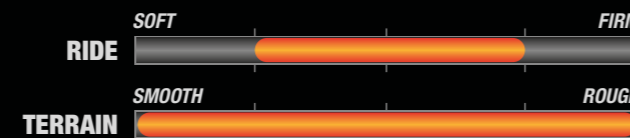
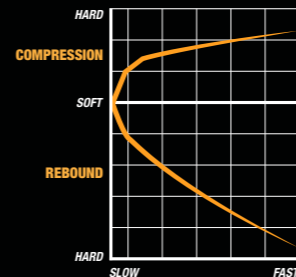
Delivers smooth handling and greater comfort for everyday use.



FE PRO FOAM CELL PRO

Exceptional Control and Stability

Advanced performance and adapts to a wide range of driving styles.



Spring Seat and Seal Service Tool - ISHOCKTOOL001

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Also available, a unique and functional multi-tool for shock absorber service, and strut ride height adjustment.

Service and Rebuild

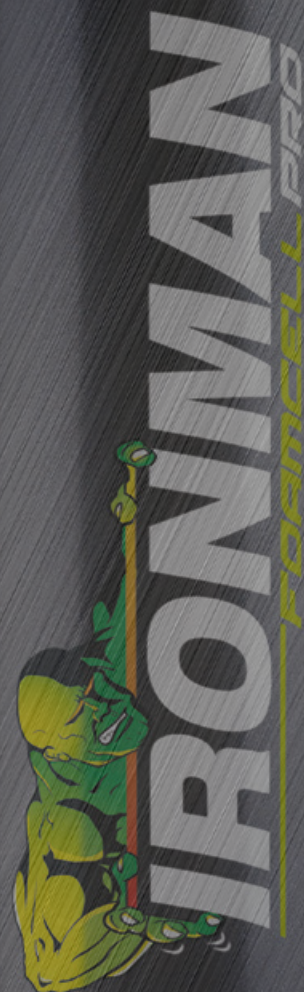
Part Number	Extended (mm)	Compressed (mm)	Upper Mount Type	Replacement Upper Bush Kit	Lower Mount Type	Replacement Lower Bush Kit	Seal Service Kit
45081FE	631	400	B2	635RK	B2	635RK	45SK7220
45081FEC	631	400	B2	635RK	B2	635RK	45SK7220
45091FE	510	318	ST38	656RK	ST38	656RK	45SK7220
45091LFE	557	341	ST38	656RK	ST38	656RK	45SK7220
45091LFE1	597	361	ST38	656RK	ST38	656RK	45SK7220
45091LFE3	860	492	ST38	656RK	ST38	656RK	45SK7220
45094FE	658	416	B2	635RK	ET38	ET38	45SK7220
45094LFE	718	446	B2	635RK	ET38	ET38	45SK7220
45094LFE1	760	467	B2	635RK	ET38	ET38	45SK7220
45094LFE3	860	516	B2	635RK	ET38	ET38	45SK7220
45095FE	630	398	ET104	ET104	ET69	ET69	45SK7220
45095FEC	630	398	ET104	ET104	ET69	ET69	45SK7220
45636FE	587	375	B1	632RF	B1	632RF	45SK7220
45636FEC	587	375	B1	632RF	B1	632RF	45SK7220
45650FE	592	380	B2	635RK	B2	635RK	45SK7220
45650FEC	592	380	B2	635RK	B2	635RK	45SK7220
45682FE	618	383	ST38	656RK	ET38	ET38	45SK7220
45682FEC	618	383	ST38-1	ST38-1	ET38	ET38	45SK7220
45682LFE	670	409	ST38	656RK	ET38	ET38	45SK7220
45682LFE1	730	439	ST38	656RK	ET38	ET38	45SK7220
45682LFE3	860	504	ST38	656RK	ET38	ET38	45SK7220
45683FE	615	370	ST38	656RK	ST38	656RK	45SK7220
45683LFE	670	397	ST38	656RK	ST38	656RK	45SK7220
45683LFE1	730	427	ST38	656RK	ST38	656RK	45SK7220
45710FE	540	408	STEM 95 x M12	ST710RK	ET153-1	ET153-1	45SK6520
45716FE	389	283	STEM 86 x M12	656R	ET153-2	ET153-2	45SK7220
45717FE	572	369	B1	632RF	ET34	ET34	45SK7220
45720FE	600	435	STEM 71 x M14	ST720RK	ET113-1	ET113-1	45SK7218
45720FEH	600	435	STEM 71 x M14	ST720RK	BEARING		45SK7218
45727FE	512	378	STEM 65 x M12	ST727RK	ET113-2	ET153-2	45SK7220
45740FE	452	302	STEM 81 x M12		ET158-2	ET158-2	45SK7220
45740FEH	452	302	STEM 81 x M12		BEARING		45SK7220
45742FE	564	357	ST42		ET160	ET160	45SK7220
45742FEH	564	357	ST42		ET160	ET160	45SK7220
45745FE	499	359	STEM 64 x M12	ST710RK	ET153-1	ET113-1	45SK6520
45750FE	552	425	STEM 68 x M12	ST710RK	ET153-3	ET153-3	45SK6520
45796FE	615	381	ST21	ST21RK	ET38	ET38	45SK7220
45796FEH	615	381	ST21	ST21RK	ET38	ET38	45SK7220

Serviceable with specifically developed parts available from authorised Ironman 4x4 suspension specialists.





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