



Product	Part No.	Qty Req
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FRONT SUSPENSION

SHOCK ABSORBER

Nitro Gas			12091GR	2
Foam Cell			24091FE	2
Foam Cell	Suits 5" Lift		24091LFE	2
Foam Cell	Suits 7" Lift		24091LFE1	2
Foam Cell Pro			45091FE	2
Foam Cell Pro	Suits 5" Lift		45091LFE	2
Foam Cell Pro	Suits 7" Lift		45091LFE1	2

COIL SPRINGS

	Estimated Lift	Additional Load		
Performance	50mm	0 - 50kg	NISS007B	1
Constant Load	50mm	50 - 110kg	NISS009B	1
Performance 5" Lift	125mm	0 - 100kg	NISS026B	1
Performance 7" Lift	175mm	0 - 100kg	NISS043B	1

STEERING DAMPER

Foam Cell	Pre 8/1989		3534	1
Foam Cell	8/1989+		3536	1

CASTER CORRECTION

2° Offset Bush Kit			1144SK	1
5° Offset Plate Kit			CPLATE003	1

CROSSMEMBER SPACER

6mm / 12mm Spacer Kit			1002K	1
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DRAG LINK

Adjustable Drag Link			ADL003	1
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ADJUSTABLE PANHARD ROD

Right Hand Drive Rod			PANHARD003	1
Left Hand Drive Rod			PANHARD008	1

SWAY BAR LINK

Extended Sway Bar Link	Suits 1-3" Lift		SBEXT006	2
Extended Sway Bar Link	Suits 4-7" Lift		SBEXT003	2

COIL SPACER

Polyurethane 15mm	Provides 10mm Lift		PATF15	2
Polyurethane 30mm	Provides 25mm Lift		PATF30	2

BRAKE HOSE

Extended Brake Hose			BHOSE003	1
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REAR SUSPENSION

SHOCK ABSORBER

Nitro Gas			12094GR	2
Foam Cell			24094FE	2
Foam Cell	Suits 5" Lift		24094LFE	2
Foam Cell	Suits 7" Lift		24094LFE1	2
Foam Cell Pro			45094FE	2
Foam Cell Pro	Suits 5" Lift		45094LFE	2
Foam Cell Pro	Suits 7" Lift		45094LFE1	2

COIL SPRINGS

	Estimated Lift	Additional Load		
Performance	50mm	0 - 200kg	NISS008B	1
Constant Load	50mm	200 - 400kg	NISS010B	1
Extra Constant Load	55mm	400kg - GVM	NISS010C	1
Performance 5" Lift	125mm	0 - 300kg	NISS027B	1
Performance 7" Lift	175mm	0 - 300kg	NISS044B	1

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PATROL

GQ Y60 SWB
1988-1998

NISSAN

Listing Continued

Product	Part No.	Qty Req	
PANHARD ROD			
Adjustable Panhard Rod	PANHARD004	1	
ADJUSTABLE TRAILING ARM			
Upper Trailing Arm	UTA003	2	
Lower Trailing Arm	LTA003	2	
SWAY BAR LINK			
Extended Sway Bar Link	Suits 1-3" Lift	SBEXT006	2
Extended Sway Bar Link	Suits 4-7" Lift	SBEXT003	2
COIL SPACER			
Polyurethane 15mm	Provides 10mm Lift	PATR15	2
Polyurethane 30mm	Provides 25mm Lift	PATR30	2
BRAKE HOSE			
Extended Brake Hose	BHOSE004	1	
BUSH KIT			
Suspension Arm Bush Kit	Pre 8/1989	831K	1
Suspension Arm Bush Kit	8/1989+	839K	1

SUSPENSION KIT

Performance w/ Gas Shocks	NISS007BKG
Performance w/ Foam Cell Shocks	NISS007BKF
Performance w/ Foam Cell Pro Shocks	NISS007BKP
Constant Load w/ Gas Shocks	NISS009BKG
Constant Load w/ Foam Cell Shocks	NISS009BKF
Constant Load w/ Foam Cell Pro Shocks	NISS009BKP
Extra Constant Load w/ Gas Shocks	NISS009BKG1
Extra Constant Load w/ Foam Cell Shocks	NISS009BKF1
Extra Constant Load w/ Foam Cell Pro Shocks	NISS009BKP1
Performance RHD w/ Foam Cell Shocks 5" Lift	NISS026BKF
Performance RHD w/ Foam Cell Pro Shocks 5" Lift	NISS026BKP
Performance RHD w/ Foam Cell Shocks 7" Lift	NISS043BKF
Performance RHD w/ Foam Cell Pro Shocks 7" Lift	NISS043BKP
Performance LHD w/ Foam Cell Shocks 5" Lift	NISS026BKFL
Performance LHD w/ Foam Cell Pro Shocks 5" Lift	NISS026BKPL
Performance LHD w/ Foam Cell Shocks 7" Lift	NISS043BKFL
Performance LHD w/ Foam Cell Pro Shocks 7" Lift	NISS043BKPL

• 5" and 7" lifts may not be legal for on-road use in your area, certification may be required for on-road use
 • Due to the extreme nature of 5" and 7" lifts, further modifications may be required, and will vary between vehicles
 Such modifications are entirely the owners responsibility. Ironman 4x4 accept no responsibility for any damage or injury caused by use of the these products

50MM SUSPENSION KIT CONTENTS

- Shock Absorbers
- Coil Springs

5" AND 7" SUSPENSION KIT CONTENTS

- Shock Absorbers
- Coil Springs
- Panhard Rods
- Sway Bar Links
- Caster Plates
- Brake Hoses
- Adjustable Trailing Arms